

KIT LIST

Clothing.

Space is at a premium on board so please send spare clothing in a **small soft bag**. No rucksacks or bags with wheels please.

Clothing and footwear may get dirty

Activity wear

jumper / sweatshirt / gillet / T-shirt

(layers are best as it can get cold on the boat but warm when working the locks)

jogging bottoms / trousers / shorts as appropriate to the weather

(**no jeans** as they retain water when wet)

(if cold you may need scarf / gloves / hat)

cap if it is likely to be sunny

Suitable non-slip waterproof footwear e.g. trainers (no high heels, flip flops, ugg's or clogs)

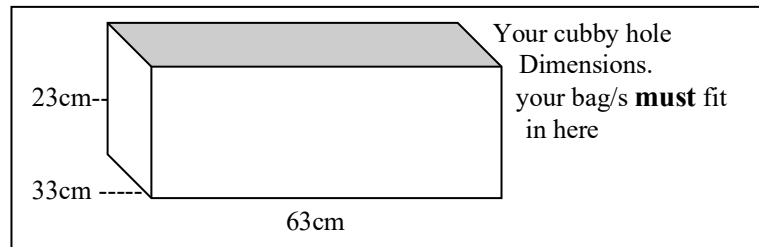
Indoor shoes or slippers

Spare shoes / trainers (in case feet get wet)

Waterproof - important (not too bulky as we must be able to fit a life jacket over the top)

Underwear for next day + spare socks

night wear (think "camping" as it may be chilly at night)



Bedding

Pillow and pillowcase

sleeping bag or sheet and single duvet

warm blanket and/or camp blanket

comforter (teddy etc.)

hot water bottle if needed

all bedding in named bin liner or bag that can be folded under mattress when empty

Sundries

washbag flannel if used. (liquid soap provided)

toothbrush / toothpaste / suntan lotion / lipsalve

hand towel

hair brush or comb - hair bands, elastics etc. hair **must** be tied back at all times

camera (optional)

torch (not wind-up please)

small book or comic

Things NOT to bring

Electronic games

collectables

jewelry / watch (studs only, if ears pierced)

anything you don't want to lose or get wet!

Please note that **EVERYTHING** must be named.

We will be outdoors for a large part of the day so please dress accordingly