Locks  
Locks are like elevators for boats – they enable you to travel up and down hills.

**NEVER** stand between the balance beam and the canal and **ALWAYS** know where your windlass is!

Rules  
*These must be obeyed at all times*

No running on the boat or near the canal

Buoyancy aids to be worn at all times above deck

Always follow instructions from leaders

Always step off / on the boat – never jump

Only step on or off the boat when it has stopped moving

Do not let any ropes enter the water

Keep arms and legs within the boat sides when moving

In an Emergency

Alert the leaders who will bring the boat to the bank

Move away from the site of the emergency

Get off the boat calmly, when it is safe to do so

Gather in your teams within sight of the boat

Await further instruction